

International Conference for Healthy Aging and Mental Wellbeing

Date: November 22-23, 2025
Venue: National Health Research Institute, Taiwan
Address: 35, Keyan Road, Zhunan Town, Miaoli County, Taiwan

Day 1(11/22)		
Time	International Conference Hall	Room 2-3
9:30-10:00	Welcome Speech/Time for Photos	
10:00-11:00	Keynote Speech 1 Prof. Mara Mather	
11:00-13:00	Oral and poster competition Lunch	
13:00-14:50	Symposium A Healthy Aging and Psychological Wellbeing: Evidence from Cohort Studies in Asia	Symposium B Strategy of aging to foster mental wellbeing
14:50-15:10	Break	
15:10-17:00	Symposium C Neuroscience of Aging: From Brain Function to Cognitive Resilience	Symposium D Healthy Aging and Psychological Wellbeing – Insights from Asian populations
17:30	Welcome Dinner Party (By Invitation Only)	
Day 2 (11/23)	Keynote Speeches	
9:30-10:00	Prof. Dilip V. Jeste	
10:00-10:30	Prof. Shu-Sen Chang (張書森)	
10:30-10:50	Q&A	
10:50-11:00	Break	
11:00-11:30	Prof. Diego de Leo	
11:30-12:00	Ministry of Social Affairs and Health of Finland	
12:00-12:20	Q & A	
12:20-12:40	Award and Closing Remark	

< Day 1: Sat. Nov.22 2025 >

International Conference Hall			
Time	Topic	Speaker	Moderators
9:30 – 10:00	Welcome Speech		
	Time for Photos		
Keynote speech (1)			
10:00-11:00	Affective neuroscience of aging and its potential role in Alzheimer’s disease.	Prof. Mara Mather Professor, University of Southern California, USA.	Prof. Masahiro Akishita (秋下雅弘) CEO & President, Tokyo Metropolitan Institute for Geriatrics and Gerontology, Japan.
11:00-13:00	Oral and poster competition Lunch		
Symposium A (Healthy Aging and Psychological Wellbeing: Evidence from Cohort Studies in Asia)			
13:00-14:50	Work conditions and psychological health: evidences from Healthy Aging Longitudinal Study in Taiwan.	Dr. Wan-Ju Cheng (鄭婉汝) Associate Investigator, National Center for Geriatrics and Welfare Research, National Health Research Institutes, Taiwan.	Prof. Rei Otsuka (大塚 礼) Professor, National Center for Geriatrics and Gerontology, Japan.
	Gerotranscendence and psychological wellbeing in older adults: A cohort-based study on healthy aging in Korea.	Dr. Min-Jeong AN Professor, Chonnam National University College of Nursing, Korea.	
	Differential associations between physical frailty and aspects of well-being: Evidence from NILS-LSA.	Dr. Yukiko Nishita Associate professor, National Center for Geriatrics and Gerontology, Japan.	
14:50-15:10	Break		
Symposium C (Neuroscience of Aging: From Brain Function to Cognitive Resilience)			
15:10-17:00	Cognitive Interventions for Smart Ageing.	Prof. Ryuta Kawashima Professor, Tohoku University, Japan.	Prof. Yu-Ling Chang (張玉玲) Distinguished Professor, Department of Psychology, National Taiwan University, Taiwan.
	The title of my talk is "The Pivotal Role of Language in Aging: Cognitive Reserve and Resilience.	Prof. James H-Y. Tai (戴浩一) Director, Institute of Linguistics of National Chung Cheng University, Taiwan.	
	Integrating Brain Imaging and AI: Applications in Aging and Neurological Disorders.	Dr. Juan Helen Zhou (On-Line) Associate Professor, National University of Singapore, Singapore.	
17:30-	Welcome Dinner Party (By Invitation Only)		

< Day 1: Sat. Nov.22 2025 >

Room 2-3			
Time	Topic	Speaker	Moderators
9:30 – 11:00			
11:00-13:00	Oral and poster competition Lunch		
Symposium B (Strategy of aging to foster mental wellbeing)			
13:00-14:50	Challenges of a Super-Aged Society in Korea: Long-Term Care System and Mental Health.	Prof. Yong-Kyun, Roh Professor, Department of Family Medicine, Hallym University, Korea.	Dr. Hsi-Wen Wu (吳希文) Deputy Director-General, Department of Long-Term Care, MOHW, Taiwan. Prof. Yuan-Han Yang (楊淵韓) Director, Neuroscience Research Center, Kaohsiung Medical University, Taiwan.
	Japan's long-term care insurance system and Kaga City's community care.	Ms. Kitaguchi Michiko Director, Kaga City Citizens Health Department, Japan.	
	Innovative management of dementia in Taiwan.	Prof. Yuan-Han Yang (楊淵韓) Director, Neuroscience Research Center, Kaohsiung Medical University, Taiwan.	
	Anti-amyloid antibody therapy in Kaga Medical Center.	Prof. Naoki Shirasaki Medical Doctor, Kaga Medical Center, Japan.	
14:50-15:10	Break		
Symposium D (Healthy Aging and Psychological Wellbeing – Insights from Asian populations)			
15:10-17:00	Linking psychological well-being to healthy ageing: insights from Hong Kong SAR China.	Prof. Jean Woo Professor, The Chinese University of Hong Kong, Hong Kong.	Prof. Wee Shiong Lim Director, Institute of Geriatrics and Active Aging, Tan Tock Seng Hospital, Singapore.
	Social Frailty: Emerging Evidence and Future Directions.	Dr. Kenneth Yong Associate Consultant, Department of Geriatric Medicine, Tan Tock Seng Hospital, Singapore, Singapore.	
	Psychosocial Frailty and Cognitive Impairment: Insights from the TIGER Study.	Dr. Jen-Hau Chen (陳人豪) Director, Department of Geriatrics and Gerontology, National Taiwan University Hospital Yunlin Branch, Taiwan.	
	Caring for persons living with dementia: Moving from burden and grief to mastery.	Prof. Wee Shiong Lim Director, Institute of Geriatrics and Active Aging, Tan Tock Seng Hospital, Singapore.	
17:30-	Welcome Dinner Party (By Invitation Only)		

< Day 2: Sun. Nov.23 2025 >

International Conference Hall			
Time	Topic	Speaker	Moderators
Keynote speeches			
9:30 – 10:00	Positive Aging, Wisdom, and Neuroplasticity of Aging.	Prof. Dilip V. Jeste (On-Line) Director, Global Research Network on Social Determinants of Mental Health and Exposomics, La Jolla, CA, USA.	Prof. Wei J. Chen (陳為堅) Vice President, National Health Research Institutes, Taiwan. Dr. Tzung-Jeng Hwang (黃宗正) Chief, Division of General and Geriatric Psychiatry, Department of Psychiatry, National Taiwan University Hospital, Taiwan.
10:00-10:30	Suicide in older people in Taiwan: recent trends, risk factors, and implications for prevention.	Prof. Shu-Sen Chang (張書森) Director, Institute of Health Behaviors and Community Sciences, College of Public Health, National Taiwan University, Taiwan.	
10:30-10:50	Q&A		
10:50–11:00	Break		
11:00-11:30	TBD	Prof. Diego de Leo (On-Line) Emeritus Professor of Psychiatry, Griffith University, Brisbane, Australia. (Top Italian Scientist in Neurosciences & Psychology)	Prof. Zhen-Sheng Chen (陳正生) Director, Division of Psychiatry, Kaohsiung Medical University Chung-Ho Hospital, Taiwan.
11:30-12:00		TBC Ministry of Social Affairs and Health of Finland	
12:00-12:20	Q&A		
12:20-12:40	Award and Closing Remark		